

163 FIELD TRIP PREPARATION LIST

OVERNIGHT

Personal Equipment

- sleeping bag (+20° F)
- fanny or day pack
- water bottle & belt carrier
- binoculars
- flashlight (+ spare batts.)
- pocket knife
- plastic whistle
- watch
- plastic bags
- matches
- field guides
- notebook & pen
- camera
- glasses (sun &/or spare)
- first aid kit (small)

Clothes: General

- boots or sturdy tennies
- camp shoes
- socks (cotton or syn.)
- hiking shorts
- under wear
- hiking pants
- belt
- T-shirts
- lite & heavy long sleeves
- parka (warm)
- rain shell
- brimmed hat
- bandanas

Clothes: Cold Weather

- boots, waterproof
- wool socks (or syn.)
- wool pants
- LJ's (polypro)
- light wool shirt/sweater
- warm sweater (wool/pyle)
- parka (warm)
- wool/poly cap
- wool gloves

Toiletries

- TP (in ziplock)
- soap (& shampoo?)
- towel (hand towel?)
- toothbrush/paste
- sunscreen
- chapstick & skin cream
- medications
- personal items (Wash cloth)

General/Group Equipment

- tent(?)
- ice chest
- water (drinking)
- lantern (?)
- pots & pans (?)
- cup & utensils (?)
- first aid
- map & compass
- alt & therm
- tapes, stakes etc

Vehicle

- pick-up
- check condition
- check fluids, tires
- emergency gear (?)
- snow chains (?)
- tool box
- maps

"Needs t/b Done" List

- notify contact person
- check weather forecast

Notes

1. Try to pack as light and compact as possible as space in the vans will be limited.
2. Verify trip meeting times and plans.