Mind, Body, Spirit, Action

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Key Words:

1. critical thinking
2. intellectual
3. analytical
4. collaboration
5. body
6. experience
7. hands-on
8. cooperation
9. spirit
10. attitude
11. emotion
12. response
13. collective
14. holistic
15. action
16. harmony
17. balance
18. group learning
19. service
20. consciousness
21. commitment
22. learning
23. colonialism
24. teaching
25. knowledge
26. skill
27. reflection
28. social
29. interaction
30. development
31. recognize
32. adapt
33. pedagogy
34. react
35. self-concept
36. critical
37. advocate
38. experiential
39. multifaceted
40. cultural values
41. meaning
Themes
Change the way people learn and are taught
Colonialism → Teaching/Learning is still in a colonial mindset
Learning by doing and through example

Mood
Something optimistic
Not angry
Inspirational
Descriptive
Un-bias
Informative

POEM
Mind, Body, Spirit, Action
Knowledge, Skill, Attitude, Learning

MIND
I am the mind
The keeper of knowledge
Use me for critical thinking
The intellectual and analytical tool which
Requires the collaboration of the…

BODY
I am the body
The composer of skills
Turn to me for all senses
I experience the hands-on learning but
It works best with the cooperation of the…
SPIRIT
I am the spirit
The reflector of attitude
Come to me for an emotional response
A collective form of the worldview and
I can’t be completely holistic without…

ACTION
I am the action
The harmony of the mind, body, spirit
You need me for group learning and service learning
The balance of consciousness and commitment that
Ignites learning by doing.

Mind, Body, Spirit, Action
Knowledge, Skill, Attitude, Learning